

Acute Pain Management Certificate Course for Nurses



P. D. HINDUJA HOSPITAL
& MEDICAL RESEARCH CENTRE

An Overview of P. D. Hinduja Hospital & M. R. C

Behind the ultra-modern world renowned medical services offered at P. D. Hinduja Hospital & M.R.C; lies a dream which was nurtured by our Founder, Shri Parmanand Deepchand Hinduja, a hard working philanthropist who laid the foundation of Hinduja Hospital; way back in 1951.

The P. D. Hinduja National Hospital & Medical Research Centre is a multifaceted Healthcare Organization. It is committed to establish the essential facilities required to enhance Quality Healthcare comparable to International Standards, for larger sections of our Society.

Our Institution has a good reputation for leading in the provision of Quality Healthcare Services & in Advanced Technology. Considering the accelerating scientific, technical & social changes, Nurses are challenged to be more accountable. Our organization strongly believes that, the enhancement of the Nursing Profession can be best achieved by an education appropriate to the advanced times.

Philosophy & Goal of Nursing Division

The Philosophy of Nursing Division at P. D. Hinduja National Hospital & M.R.C is based on the belief that caring for Human beings is multifaceted & while all people share commonalities of necessities for survival; every individual is unique. As Healthcare Professionals, we are obligated to have knowledge & skills in assisting those who come to us for care. Quality care will be given without prejudice regardless of social, ethnic, religious or political affiliation.

It is our belief that the Nursing Service is dependent on Quality Nursing Education & that the purpose of Nursing Education is to prepare the Nurses who are capable of delivering Quality Nursing Care.

Title: “Acute Pain Management Certificate Course for Nurses”.

Introduction

Pain is an elusive concept. It is difficult to understand what other person feels like in pain. Only the person experiencing pain can truly say what it is like. It is an individual, unique experience that may be difficult for client to describe or explain and often difficult for others to recognize, understand and assess. Pain often leads to debilitation, diminished quality of life, and depression. Facilitating pain relief is not always simple, but it is a challenge worthy of pursuit. Intravenous patient-controlled analgesia (PCA) is an effective technique to relieve most forms of acute postoperative pain. However it is not easy to apply.

This calls for adequate number of nurses specially trained to deliver efficient acute pain management services as per the patient demands. Acute Pain Management Certificate Course for Nurses enable them to understand the principles of pain management and to develop administrative abilities in order to plan, educate, and supervise patients receiving PCA.

Aim: To assist nurses to meet the requirement in enhancing knowledge & skills in pain management aspects mainly inpatient controlled analgesia (PCA).

Objectives: At the end of the programme the nurse will be able to:

1. To enhance the learning of advanced pain management
2. To enhance the knowledge in the practice of pharmacological and non pharmacological management of pain.
3. To apply the principles of Patient Controlled Analgesia (PCA) and subsequently assist the pain management team.
4. To develop competence in dealing with intravenous patientcontrolled analgesia (PCA).
5. To develop administrative abilities in order to plan, educate, supervise patients receiving different modalities of pain management.
6. To enhance skills in identifying nursing problems and plan nursing interventions based on client history and physical examination.

Criteria for admission to the programme:

- The candidate should have passed Diploma /Degree in Nursing & Midwifery in
- English medium.
- The candidate seeking enrollment into the programme is required to apply on the prescribed performa.
- The selection of the candidate to the programme will be subject to her passing the entrance examination (Written test & Interview).
- The candidate seeking admission for the course from states other than Maharashtra will be required to produce the bonafide certificate from her respective State Nursing Council.

Terms and conditions:

- **Duration of the course:**The programme is of 7 months.
- **Duty hours:**The candidate will be required to work for all the three shifts during her training.
- **Holidays:**The candidate will be entitled to a weekly dayoff and hospital holidays.
- **Attendance:**The attendance is of prime importance. 95% attendance will be required, & exceptions for consideration will include Sick leave & Emergency leave not exceeding a period of 7 Days.
- **Make up period:**The duration of the programme may be extended till the candidate successfully completes all the components of the programme.
- **Exemption from the Programme:**In eventuality of long term illness requiring hospitalization or infectious diseases, the candidate would be required to discontinue the training under the Medical certification of the concerned treating Consultant.
- **Examination:**For completion of the Programme, the candidate will be required to appear for Final Examination along with Outcome Assessment.
- **Categories of candidates:**
 - In- House Candidates: Employed Staff of Hospital
 - Deputed Candidates from other Hospitals.
 - PrivateCandidates.
- **Deputed and private candidates:**
 1. Candidate's admission into the program will be subject to medical fitness as prescribed by the management.
 2. Candidate's admission will be confirmed on payment of the specified fees (As per Entrance Process)as detailed below.

Particulars	Amount
Admission Fees	Rs. 500/-
Caution Deposit	Rs. 1000/-
Laundry Fees	Rs. 1000/-
Tuition Fees	Rs. 3000/-
Library Fees	Rs. 500/-
Examination Fees	Rs. 150/-
Mark sheet & Certification Fees	Rs. 100/-
Transcript Fees	Rs.100/-
Total	Rs. 6350/-

3. Candidate will need to undertake the course on a nonresidential basis. However, when on emergency or on call duties, necessary provisions to stay on the campus will be arranged.
4. Medical benefits entitled to the staff will be the courtesy of the Hospital Management as per hospital rules.
5. In case the candidate wishes to discontinue the training, she will be required to forfeit the paid fees and caution deposit.

Number of Candidates:

- Total Number of candidates for this course would be 810
- Reserved Category (InHouse)
- Open Category (Out House)

Note: In case the reserved seats are vacant, they can be allotted to the Open Category candidates.

Teaching Faculty:

The programme is conducted as an educational initiative & is coordinated by the Staff Development. The following members assume the responsibility of successfully implementing the plan both for the theoretical & practical learning experience:

1. Staff development coordinators.
2. Anesthetists.
3. PainManagement Nurse.

Physical Facilities:

- Classroom.
- Library.
- E-Learning Facility.
- Clinical areas: Medical Surgical units.

Course Description:The program consists of Theoretical & Clinical Inputs, which are delivered & undertaken parallel to each other; to enhance better understanding, assimilation & application.

The Programme outline comprise of the following, in total available working hours;

- Theory Component:14 Hours.
- Practical Component:924 Hours.

Programme Component	Subject	Theory	Practical
CORE PROGRAM COMPONENT	Acute Pain Management Nursing.	14 Hrs	30 Hrs
CLINICAL APPLICATION COMPONENT	Acute Pain Management Nursing Clinical Practice	As offered in the Clinical fields of the Hospital.	894 Hrs – as offered in the Clinical fields of the Hospital.

Examination Scheme:

The candidate will be evaluated constantly by means of regular internal assessment both in theory and practical. At the end of the programme a final examination will be conducted.

Examination	Hours	Internal Assessment Marks	External Assessment Marks	Total Marks
Theory				
Acute Pain Management Nursing.	4	50	50	100

Practicals				
Acute Pain Management Nursing (teaching & supervision to be integrated).	--	50	50	100
Grand Total	--	100	100	200
Over-all Outcome Assessment	--	--	--	100

*** Note:**

All evaluation / assessments will be calculated in terms of %.

Average % of Overall Formative & Over all Summative Evaluation is considered for Over all Programme Score.

- The candidate has to obtain minimum of 60% as Overall Programme score to qualify for an award of Certificate.

Standard for passing (Based on Overall Programme Score):

- Distinction : 80% and above
 - First class : 70%- 79%
 - Second class : 60%- 69%
 - Minimum passing marks 60%
- Unsuccessful candidates are given only one chance to reappear in the failed subjects & expected to pass in the Subjects; failing which she does not qualify to receive the Programme Certificate.
 - On successful completion of the programme & post completion of the Outcome Assessment period, the candidate will qualify for a Certificate of training issued by the Management of the Hospital.

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